

**In Quest of Radiant Health:**

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*Experiences  
Along the Way*

**VOLUME II**



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IN QUEST OF RADIANT HEALTH: EXPERIENCES ALONG THE WAY—VOLUME II

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Printed in the United States of America

Published by Empower Net

Mesa, Arizona 85203



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## Barbara Borup Richland, WA

**Upline:** Scott & Michele Borup  
**Topic:** Arthritis

**B**arbara Borup began taking an Energy Pack packet each day about a year and a half ago. "I have been in good health for most of my life and haven't worried about doctor bills," says Barbara. "But, I decided that it was worth \$100 a month to keep myself healthy."

"On my right hand, by the knuckle, my finger was bending down because of arthritis," Barbara says. "I also had problems with my wrist and the skin was very drawn around the bone, making the skin white from having to stretch. Then my daughter noticed one day that the skin was not prominent any longer," recalls Barbara. When Barbara looked down, she was surprised to see that her finger was straight! Along with that, the pain had decreased and the strength in her hand has returned.

What took place for Barbara was not sudden. In fact, it was over a course of 18 months, faithfully taking the China Treasures herbs.

Barbara is one to look for bargains, so she took the Energy Pack packets to a local herb store. "The man at the store told me I had a great deal and I wouldn't be able to find a duplicate formula." Barbara admits, "I am not one to extol the virtues of products, but with the China Treasures herbs I will. This is good stuff!"

*"The pain decreased and  
the strength in my hand  
has returned."*

## Dick Byers West Lafayette, IN

**Upline:** Jacqueline & Jerry Cook  
**Topic:** Polycythemia, Weight Loss

**E**ight years ago, Dick Byers went to his family doctor after experiencing extreme fatigue. Test results revealed that his hematocrit was between 57 and 58. Dick's body was manufacturing too much blood, an illness known as polycythemia, and he was referred to a hematologist.

For the past few years, Dick has been required to receive blood tests every three months to make sure his hematocrit level is staying between 40-50. When it got near 48, a unit of blood would be removed, which would again lower the hematocrit. On average, Dick was having two units of blood removed each year.

Dick began taking Instant Jiao and Yin Jing in August, 1997. At his next three month check-up, his hematocrit was at 41.9. At his latest check, his tests showed only a .06% rise between April 8, 1998 and July 8, 1998. No blood has been removed for a year!

"I can't really say when I started noticing a difference," says Dick. "It was a gradual ordeal over the year. I have noticed a couple of other changes, too. My metabolism is working a lot better and I have lost 7 or 8 pounds." Another significant improvement for Dick was no longer having his feet get real hot. "There were nights when I had to ice my feet because they were so hot I couldn't sleep until they were cooled down. That problem is pretty much gone now."

"Another couple of years on the products and I'll probably see better what the effect will be on my body," concludes Dick. But for now, he is very happy with the improvements he has already experienced.



**W. Clark Devitt**  
Knoxville, TN

**Upline:** Barbara Dupree  
**Topic:** Crohn's Disease, Allergies,  
High Blood Pressure, Eyesight

If the goal of Superior Chinese herbalism is longevity, then Clark Devitt is a testimony to the Superior herbs' abilities to help reach that goal. Born June 23, 1910, Clark had not experienced good health prior to using the China Treasures herbs. In fact, "My health was failing quickly," states Clark. "I was under the care of five doctors and was taking \$100 of medications per day."

The list of illnesses for Clark is too long to mention, but one of his major problems was Crohn's Disease, a disease involving the complete digestive tract, leaving ulcerations on parts of the tract. Having been hospitalized twice for that disease, which alone could have killed him, complications from high blood pressure, a heart condition and high cholesterol compounded the poor prognosis.

After being introduced to Empower Net, Clark said, "I saw the advantage of the Superior herbs, but being skeptical, I started cautiously. In a few days I began to feel good. Soon my energy began to pick up and my problems began to recede rapidly. I went from \$100 per day of medications to \$100 per month of natural products." Clark feels he also had his eyesight restored. "Before I began this program, I was able to read only 15 minutes at a time, 3 or 4 times a day. Now I can read without any limitations!"

"I started with the Energy Pack, Jiao and The Friendly 7 Concentrated Superfood," says Clark. "I later added the Ancient Protector, Great Regulator, and Balanced Jing." He also keeps The Friendly 7 Energy & Endurance Bars handy for those times when he needs a quick pick-me-up, or as a meal replacement when his busy schedule keeps him from eating.

Says Clark, "The results I experience continue to be such a miracle that I now work as a distributor so that I can help other people." All of this at 88 years old!



**Gary & Sherise**  
**Ethridge**  
Clackamas, OR

**Upline:** Barbara & Ron Shivers  
**Topic:** A Sickly Child

Little Skyler Ethridge, daughter of Sherise and Gary Ethridge, did not enjoy a healthy beginning in life. When she was ten weeks old, she stopped breathing. For the next eighteen months she was monitored for sleep apnea (a condition that causes someone to stop breathing in their sleep). A chiropractor was able to help keep Skyler's apnea under control until she outgrew it; however, the x-rays that had been required by the insurance company put Skyler at risk for leukemia from that point on.



**Skyler**

At two and a half years Skyler became very ill. She began showing symptoms of leukemia. "She would wake up with bruises on her body and had other signs that convinced the doctors she had the disease," says Sherise. She was tested for it, but the test results were negative. At age three, Skyler was constantly sick. She had skin rashes, high fevers of 103-105 degrees, and was in the hospital with horrible cramps which the doctors thought was appendicitis. Skyler lost six pounds in six weeks, a lot of weight for a small child, and she wasn't eating. Her immune system was depleted.

During this time, a friend called Sherise to tell her about the China Treasures herbs. After hearing about the herbs, Sherise decided to give Skyler one or two Balanced Chi and one or two Ancient Protector each day. Sherise would open the capsules and mix them in hot cocoa. The second day of using the herbs, Skyler surprised her parents by eating two or three plates of ravioli for dinner. "We were shocked," exclaimed Sherise! Within a month and a half the periods of sickness became less and less. Her fever returned to normal and she quit losing weight.

The doctors never did diagnose her illness, but continual use of the herbs has helped Skyler greatly. "She rarely gets sick now, and when she does, she is no longer knocked off of her feet. Her food allergies are gone and she is a healthy little girl! The herbs are wonderful," states Sherise. "I feel they saved my daughter's life!"

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## Marlene Farley

Castledale, UT

Upline: Jack Burr

Topic: Diabetes

The first hint of diabetes came seventeen years ago for Marlene Farley. Marlene was pregnant with her 9th child when she developed gestational diabetes. Her illness turned into full-blown diabetes about eight years ago. "I had a seizure," says Marlene. "My blood pressure and sugar were both over 300!" Marlene was placed on diabetic tablets by her doctor and was encouraged to use diet and exercise to maintain her glucose level below 200.

In October 1998, Marlene began taking the Energy Pack and Instant Jiao, along with the Friendly 7 Energy & Endurance Bars and Concentrated Superfood. "I kept a good record for the month and a half that I've been on the products," Marlene says. "On October 23 my blood sugar level was at 188. On November 24 it had dropped to 62, which is actually too low, so I am going to quit taking my medication and regulate it just by using the China Treasures herbs and The Friendly 7 Bars and Superfood."

Although Marlene is looking for continued improvements in her state of health, she is pleased with her progress. "I'm excited about the subtle changes I'm feeling in my body," she exclaims, "and I feel real good!"

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*"My blood sugar level went from 188 to 62 so I can quit taking my diabetic tablets."*

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## Sue Fessler

Hillsboro, OR

Upline: Barbara & Ron Shivers

Topic: Eyesight, Migraines, Blood Pressure

Sue Fessler has been taking China Treasures herbs for two years. The affects have been varied and continuous. She was immediately relieved of the severe migraines she had experienced. Then after one year on the herbs, Sue discovered that she was taking her glasses off to see! "I had been wearing my glasses since I was ten years old," says Sue.

"As I got older," Sue recalls, "I had to have a special \$150.00 coating on my glasses to prevent problems from the glare. When I went for my eye exam, the doctor determined that he could remove the glare coating. He also told me that I no longer had astigmatism, my eyes had improved two prescriptions, and I no longer have night-blindness!"

"During the first year, I tried several of the herbs," says Sue. "I was taking the Energy Pack once a day, two each of the Ancient Protector and Great Regulator two times a day, and off and on I would take the Balanced Jing and Yin Jing. I was also eating The Friendly 7 Superfood. I enjoy the teas, too. I began mixing the teas in the Latin Legend Sampler together in a 50 oz. bottle and drinking them throughout the day."

Sue's health continued to show improvements her second year on the herbs, although she had to have an emergency hysterectomy in March 1998 due to an acute case of endometriosis. Sue is convinced that the herbs helped maintain her body through this time. "Besides the improvements in the migraines and eyesight, my blood pressure has dropped. At its worse it was 250/150 and with medication 200/115. With the herbs it is now 150/90! And the Radiant Woman Plus has helped since my hysterectomy."

It's easy to see, as Sue shares her story, why she is so enthused about Empower Net products. As she reaches toward Radiant Health, she is waiting to see what this next year will bring!

## Marie Gilson

Portland, OR

Upline: Bill & Joyce Hansen

Topic: Vertigo, Energy

**M**arie tells her experience: The Friendly 7 Energy & Endurance Bar is a wonderful product that I use a great deal. I'm a licensed massage therapist and I go to companies for on-site massage. I work up to seven hours at these companies with no lunch break, so the Energy Bar is a life-saver to me. When I eat it and drink water, I'm able to work all day with a ton of energy and a full stomach.

I also suffer from a vestibular inner ear injury. This type of injury causes some serious problems, namely vertigo spins! As a person experiences these spins you get very nauseated and sometimes can't keep any type of food down. One week I was very sick and even keeping water down was a struggle. I was only able to eat the Energy Bars bit by bit with water. When I saw my doctor, he was impressed and said, "Good thing you were able to keep those down. You would have been in bad shape." The emergency room doctor also commented, "Looks as if you have eaten well." But all I had eaten were the bars!

I told Joyce Hansen, who had introduced me to the Empower Net products, "These bars saved me!" The Friendly 7 Energy & Endurance Bar is a great product that will remain a part of my diet. Thank you!

*"The Energy Bar is  
a life-saver!"*

## Joyce Hansen

Manning, OR

Upline: Barbara & Ron Shivvers

Topic: Menopause, Weight Loss



**J**oyce shares this experience: When I first started having hot flashes, they were very light and came and went very quickly. But that time quickly passed and the hot flashes became more intense and lasted longer. I timed them one night and realized I was awake every half hour through the night, feeling like my back was on fire. I was exhausted.

During this time period, my doctor prescribed Premarin (Estrogen) to take on days 1-25 and Medroxypr (Progesterone) to take on days 16-25. He started me on a very light dosage but it didn't work so he increased it. When that didn't work either, he increased it to the highest possible dosage but let me know that I could only be on it for one year. I did well that year but when the dosage was reduced, I began having the symptoms again.

I worried about possible side effects that might occur through the use of these medications, but it was very difficult to find anything strong enough to work and still safe to take. I found a wild yam cream that helped, but it didn't take the hot flashes away.

In November 1997, Radiant Woman Plus was developed and I started by taking five capsules three times a day. It was amazing—no more hot flashes! After a week, I reduced my dosage to four capsules, three times a day. That appeared to work, so I reduced it again to three capsules, three times a day. When I tried to reduce it one more time, I found that it wasn't enough to keep me symptom free. I knew that taking three capsules, three times a day, was best for me.

My daily program at that time consisted of taking half of an Energy Pack packet, two Radiant Woman and three Radiant Woman Plus when I got up in the morning. Thirty minutes later I had a good helping of The Friendly 7 Superfood and some fruit. At lunch time I took the other half of the Energy Pack and three Radiant Woman Plus, waited thirty minutes and ate a Friendly 7 Bar. In the evening I would take two Radiant Woman and three Radiant Woman Plus and wait 30 minutes before eating. Before I went to bed, I took three to four Yin Jing along with three to four Shen, and I would wake up very refreshed. Throughout the day I would drink six to nine packets of the Instant Jiao and feel just great.

Now that my body is balanced, I continue taking the Radiant Woman Plus as before, the whole Energy Pack in the morning and some Yin Jing when I feel I need to cool down. The Yin Jing makes a difference in my skin. I also use about four packets of the Instant Jiao each day. I also started on the Trim Pack and have dropped ten pounds. Radiant Woman Plus is just too good to be true!

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## Billy Joe Harvey

Clinton, TN

**Upline:** Clark Devitt

**Topic:** Emphysema

**B**illy Joe Harvey began taking Empower Net's herbs and teas in October 1998. "I am using the Balanced Jing, Great Regulator, Super Chi, Ancient Protector, and Energy Pack," says Billy Joe. He also drinks the Instant Jiao and Corteza. "A year ago I had to take disability, but I am already beginning to do things again that I couldn't do when I started the herbs."

Billy Joe's disability came after years of struggling with emphysema. "In the winter of 1987 I took a trip to Minnesota. While there, I was out in freezing temperatures. The cold air felt like I was sucking fire." Three days after returning home, Billy Joe woke up unable to breathe. "I had blistered my lungs," Billy tells us.

As time went on, Billy Joe could no longer get around easily. "I became a couch potato and couldn't do anything about it, but now the Energy Pack has given me more energy and I am gaining confidence to try to get out," says Billy Joe. "I can go into my workshop and piddle around, and I can even go to the University of Tennessee football games and get up the 43 stairs to our seats. I could barely do that before."

"These herbs have helped me tremendously" determines Billy Joe. "I am breathing better than I was a year ago and I can get up and keep myself occupied. They have helped me a whole lot, I have to admit."

## Barbara Hill

Douglas, AZ

**Upline:** Stephen & Nancy Toth

**Topic:** Eyes (Dry)

**T**here are many things that take place in our body that we don't consider, but should they go awry it would cause our lifestyle to be altered. One of those is having our eyes produce moisture.

When Barbara Hill's eyes became dry, she spent time and money seeing three specialists without success. "They told me they couldn't help me," states Barbara. So for a year and a half Barbara was unable to read or sew. She even found it impossible to drive. "I wore sunglasses and put coverings on all of my windows, but my eyes always felt scratchy as if there was dirt in them."

Then Steven and Nancy Toth introduced Barbara to Empower Net's Power Pack products. "Within two weeks I could tell a difference," says Barbara. Once again moisture filled her eyes. For almost two years now Barbara has continued to use the Energy Pack packets, The Friendly 7 Bars and Latin Delight. "I also drink the Instant Jiao and sometimes take Ancient Protector," Barbara tells us.

"I can definitely see a difference with these products," Barbara says. "I'm doing great."

*"Within two weeks  
I could tell a difference."*

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## Steve Knowlton

Houston, TX

**Upline:** Doug & Barbara Lovell

**Topic:** Frostbite

**S**eventeen-year-old Steve Knowlton recently learned the danger of frostbite first-hand. While attending a boy scout function with his troop, a contest was held to determine who could keep their hand in the ice water and salt left in the homemade ice cream maker the longest. Determined to win the contest, Steve endured the freezing water for five minutes.

“When I removed my hand it was a pale white,” says Steve. “I ran it under warm water that night.” The next morning, however, the knuckles of his hand and his little finger were black. After an examination by his doctor, there was concern that his finger might require amputation.

Steve’s mom, Helene, called his uncle for a recommendation on what natural products would promote healing. Stevia was suggested. “Since we had some at the house I started using it,” says Steve. “I would squirt it on and smear it around, morning and night, leaving it on my skin for 30 minutes each time. By the first night the pain and itching were gone! Within 2 or 3 days it began to scab over and heal.”

Steve tells us that although his hand is still a little discolored, it should completely heal. At the request of Steve’s mom, the doctor has agreed to meet with the scout troop to discuss the dangers of frostbite.

## Dottie Lovell

Houston, TX

**Upline:** Doug & Barbara Lovell

**Topic:** Diverticulosis

**B**eing too busy gave Dottie Lovell the opportunity to try a natural path to healing. “I was getting ready to take a troop of Girl Scouts on a two week trip when I experienced horrible pain,” says Dottie. Due to a history of diverticulosis (air pockets forming on the side of the colon) she knew it was her colon and scheduled an appointment with the doctor. “He wanted to do a scope test, but I was leaving for two weeks and didn’t have time to schedule it until I got back,” she remembers. “So he told me to do it as soon as I returned. I was really scared and I didn’t want my illness to develop into cancer.”

“I called my brother, Robert,” Dottie says. “He suggested I take The Friendly 7 Concentrated Superfood morning and night. He also recommended I take an ounce of the Desert Dawn Aloe Vera Juice morning and night.” Dottie mixed the Concentrated Superfood in apple sauce and mixed the Aloe Vera in cranberry juice.

After Dottie returned from the Girl Scout trip, it took another two weeks to get an appointment for the test. By that time, her doctor could only encourage her to keep up what she was doing. “He told me that my colon looked great and that, except for a couple of small pockets the problem was gone,” says Dottie. “I continue to take The Friendly 7 Concentrated Superfood about once a day or I have problems,” but she adds, “it’s not expensive and it’s easy!”

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*“My colon healed in  
a few weeks.”*  
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## Doug Lovell Syracuse, UT

**Upline:** CTR International  
**Topic:** Kidney Transplant

**D**oug Lovell has experienced several health crises in his life, including cancer of the thyroid in 1975 and a broken back in 1976. Ten years later, however, would be his greatest challenge. “In 1986 I was on the waiting list for a kidney transplant,” says Doug. “During a physical at the age of nineteen it was discovered that one of my kidneys had never developed. Now, my only kidney had quit working.”

After being on kidney dialysis for one and a half years, Doug’s brother donated a kidney to him. The surgery went well and Doug was placed on medications to support the transplant and decrease the chance of rejection. “I was given Prednisone and Immuran,” says Doug. “The medicine caused a drop in my white blood cell count and I also gained 75 or 80 pounds. The medications were expensive, costing \$1.30 per pill for just the Immuran, and I was taking 2 and 1/2 pills each day.”

In the spring of 1997, Doug wearied of his prescription routine and decided to get off the medicine. “I was tired of it, I didn’t feel good, and I felt that the side effects from the drugs were too much trouble. I felt that if I took the China Treasures herbs, that perhaps they could take the place of the medications and I hoped my body would accept the kidney as my own. I am a real believer that these herbs really do help the body heal itself.” Without informing his doctor, Doug gradually began to wean himself from the Prednisone and Immuran. “I continued having regular blood work done,” says Doug, “to make sure it was okay. Six months after I began taking the herbs, I had completely gone off my Immuran and had cut my Prednisone down to 5 mg. a day. (That was my last day taking the Prednisone.) I had another blood test and the results were the best they had ever been. My doctor was quite pleased with me until we reviewed my medications.” Upon learning that Doug was no longer on the drugs, the doctor was shocked. “He told me this just doesn’t happen and that I had to have something supporting my kidney. He said he didn’t know anyone who had gone off their medications without losing their transplanted kidney. His nurse told me my transplant has lasted longer than anyone else’s in Northern Utah where the doctor practices.”

“I just had my blood work done on the one year anniversary of that appointment and it continues to be perfect!” Doug said. “My kidney has lasted twelve and a half years and I was told the average kidney transplant is successful for six to eight years.”

“I have been taking an Energy Pack packet each day and two packets of the Instant Jiao. I also eat one or two Friendly 7 Bars each day, but I think the Instant Jiao is the key,” says Doug. Once in a while, Doug also takes the Yerba Royale which he says helps give him some pep. “I credit the herbs 100 percent, but if I told my doctor he wouldn’t believe it. I don’t take any vitamin or mineral supplements, but my blood work shows that my minerals—like my calcium, for instance—are in the perfect range.” Doug concludes, “It is definitely the herbs!”

**Caution:** Doug does not recommend anyone doing this without working closely with their doctor.

## Patsy Martin Marble, NC

**Upline:** Cecilia Bateman  
**Topic:** Colds, Influenza, Allergies, First Aid, Dizziness

**W**hen Patsy Martin started taking Empower Net products, she had been sick with cold symptoms from October through January and couldn’t get over them. After reading product information on Azteca she tried it. The outcome was so quick and dramatic that she began to share her discovery with her extended family. “I really didn’t like the taste of the tea that well, so I ordered the tablets.” She shared them with a sister-in-law who had a bad cold, then with her sister and her sister’s son.

“I could go on and on about the products,” says Patsy. Her many stories are worth sharing, because Patsy has creatively used them in various situations. For example:

- Her niece was at the lake when she fell and cut a gouge out of her knee. Patsy dampened a Corteza tea bag and dampened the knee, then she taped the tea bag onto the knee. The pain stopped right away and there was no redness.
- Her eight-year-old nephew had a bad cut from a bike wreck, so she cleaned it with peroxide and then applied a dampened Corteza tea bag. Within a matter of seconds it quit hurting.
- Her neighbor had dizziness from an inner ear problem and was taking medicine. When she started drinking the Azteca tea, she had no more dizziness.

Even her husband has a new attitude toward herbs. “He began drinking the Jiao, Latin Delight, Corteza or Yerba Royale each day. He also took the Great Regulator, Ancient Protector and Will Strengthener. A knot and swelling on the back of his neck has gone down, a cyst is gone from his knuckle and he has more energy. He is sure it’s the herbs,” says Patsy.

“I am really happy with the Empower Net products. I thank God every day for sending them to help me,” Patsy exclaims.



**Delores Morris**  
Mesa, AZ

**Upline:** Rainey Burchette  
**Topic:** Candida, Lupus

**D**elores Morris' health problems began ten years ago. "I started burning the candle at both ends and not eating properly after becoming single," says Delores. "I had candida and tried several things, but nothing seemed to help for more than a short time."

After relocating to Arizona five years ago, Delores got pneumonia. She was given antibiotics and after that, her health really went down hill. Delores went from doctor to doctor, until they determined that in addition to the candida she had lupus. "I had gone up three dress sizes, had headaches, stomach cramps and arthritic pain. I was also allergic to everything they gave me. I was always sick, but kept pushing myself to keep going. One day I had a complete collapse and spent a year in and out of bed, not being able to work. The last doctor I saw determined that I was depressed and prescribed Prozac. That still didn't answer my health issues and I got mad, quit seeing the doctors, and threw all the medicines away!" she exclaims.

"Then a friend introduced me to Empower Net. I tried Corteza, Balanced Chi and Ancient Protector. Within a week I couldn't believe the difference. I hadn't cleaned my apartment for almost a year and I found myself cleaning the kitchen cabinets. By the second week I had started on the Energy Pack and cleaned the whole kitchen. From then on I started feeling better and better!" says Delores.

A year later, Delores continues on the Energy Pack, the Instant Jiao, and Latin Legends teas. She also eats The Friendly 7 Bars, The Friendly 7 Concentrated Superfood and The Friendly Oil. She adds Ancient Protector, Will Strengthener, Great Regulator and Super Chi on occasion, and takes Yin Jing and Shen each night.

Delores shares, "There is nothing to compare to the Empower Net products!"

**Carol Nichols**  
Pawnee, IL

**Upline:** Judith Cook  
**Topic:** Cancer



**C**arol Nichols is on a journey that many have experienced before her, but most lack the knowledge and hope that she has acquired. Carol would like to share this new knowledge with those who hear the same words she heard in 1995, "You've got cancer."

"I was first told that I had breast cancer in 1995," Carol begins. "I had a family history of breast cancer and because I had watched relatives suffer with treatments for the disease, I had a mastectomy but chose not to have radiation or chemotherapy."

In 1996, Carol had another mammogram which again revealed suspicious areas that her doctor wanted to biopsy. Carol chose to have a prophylactic mastectomy, hoping to end her ordeal. However, in 1997 doctors found cancer on her chest wall. Not only was the small tumor cancerous, but it didn't have a "clean edge", meaning that more cancer remained at the site and further surgery was required!

Carol recognized that she was just chasing the cancer and that she needed to find a means, apart from the accepted medical protocol of physicians in the Western world, to restore her health. After researching information from Dr. Julian Whitaker, Carol chose an herb tea called Essiac, and drank it for two weeks prior to the second surgery. "When the doctors operated, no tumor cells remained at the site!" she states enthusiastically.

Believing that cancer is systemic and removing a tumor won't take care of the total problem, her continuing search for a complete cure led her next to The Livingston Foundation Medical Center in San Diego. Her treatments there focused on nutrition through diet and supplements, a vaccine plan that required regular injections, and positive affirmations.

Carol began taking China Treasures herbs while on this program and has now weaned herself off the vaccines. On a recent trip to China, she took only the China Treasures Ancient Protector and Super Chi. Shortly after returning to the United States, she went for her annual check-up at The Livingston Foundation. "My immune system is doing very well," Carol tells us. "I firmly believe the China Treasures products would do as much for some people as being on the program I've been on. I have more energy than I've ever had since I started taking the Ancient Protector and the Energy Pack!"

Carol saw another improvement in her health when she began drinking the Jiao beverage. "My cholesterol is 29 points lower, and drinking the Jiao is the only change I've made. In fact, if anything, I was less strict with my diet while traveling for a month and still my cholesterol has gone down."

Carol's voice is full of enthusiasm as she shares the hope she realizes. "I am thrilled with these products and will always be buying the China Treasures herbs!"

# Nancy Nielson

Highland, UT

Topic: Weight Loss

**W**hen I found that I was expecting my first child in my late twenties, I was naturally excited. I had always wanted a large family. Unfortunately, I was sick every day all day for nine months. Despite the constant nausea and vomiting, I gained 60 pounds. After the birth of my beautiful son, I lost some of the weight but not all. Three subsequent pregnancies were equally difficult. After the birth of Emily, our youngest, I found myself looking in the mirror at a once attractive, but now very over-weight person. Cravings, stress eating, and depression became a constant part of my life. Efforts to exercise and diet always ended in disappointment.

When Phen-Fen became available and many of my friends were having great success losing weight, I asked my doctor for a prescription for the drugs. He gave me one. Luckily, I never filled it. I felt that artificially induced appetite suppression would not yield the kind of long term, life-changing results I wanted. Little did I know the extent of the side effects many women are now experiencing.

In the fall of 1997, I began to seriously eat The Friendly 7 Bars (3 to 4 a day), and drink a gallon of water each day as a weight loss program. I was already using the Power

Pack products and drinking lots of Jiao. The bars, along with the water, made a miraculous change in my life. I no longer crave anything. I feel completely satisfied and full. I walk 3-4 times per week and I am happy eating fresh vegetables, grains, and fruit. The weight is coming off and I've lost 70 pounds.

I lost the first 30 pounds in two months, and then I started to work out and didn't lose for four months. After that it really started coming off again and I started losing dress sizes. I have dropped from a 2XX to a size 12!

Now, a year later, The Friendly 7 Bar I ate today is as good as the first one I ate a year ago. I never get tired of them. I am so glad that I believed in the products enough to stay on them. My life is different now and much more fun. I am a new person!

*After Losing 30 Pounds!*

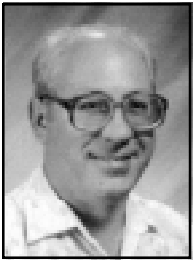


*Nancy Before!*



*After Losing 70 Pounds!*

*“Losing 70 pounds...  
I am a new person!”*



## Bob Palmer

Phoenix, AZ

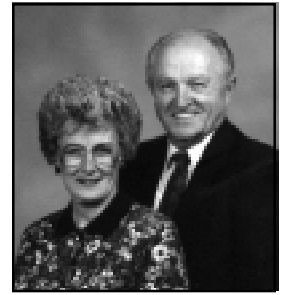
Upline: Patti Cluff

Topic: Allergies, Weight Loss

**B**ob shares this experience: In the early spring of 1998 our daughter, Patti Cluff, introduced us to the Empower Net products. I began taking the Latin Delight herbal tea two times a day. About two weeks later I went to an Empower Net meeting at the Mesa, Arizona headquarters. The doors weren't opened yet, and while we waited we were standing beneath two large trees that were in full bloom. Although we stood talking there for about a half hour, I noticed that I was still breathing through my nose. That seemed great to me because historically I would start plugging up almost as soon as I would see a tree in bloom. I noticed after the meeting I was still breathing well. This allergy season ended up being better than ever for me, even though the news reports indicated that this was one of the worst seasons on record for allergies.

The night of the meeting I ordered the Power Trim Pack. After going on the Power Trim products, I lost 30 pounds and took 6 inches off my waist.

I have been climbing Squaw Peak Mountain for about three years, but now I have more energy, I climb faster, and I recover quicker!



## Wilbur & Floydine Pipenhagen

Sun City, AZ

Upline: Jerry Allen

Topic: Sinus Congestion, Energy

**W**ilbur and Floydine Pipenhagen began taking Empower Net products to enhance the vitamins they were using. After three to four weeks of use, Floydine noticed that her nagging sinus problems were improving significantly. Wilbur also observes that they have the needed energy to get them through a busy day. "I am retired," says Wilbur, "but I do a lot of volunteer work at our church. For two days I was out there with men younger than me, shoveling dirt and doing landscaping. I was tired but not worn out, and I hadn't done that type of work for a long time." Wilbur adds, "We don't need to go to the doctor's office very much anymore."

Wilbur and Floydine have tried several of the Empower Net products but have narrowed it down to the Energy Pack, Ancient Protector, Great Regulator and Instant Jiao to help them maintain their health. "We have also used The Friendly 7 Superfood and the Energy Bar," says Wilbur. "They are great products and we're glad we found this source of help that our bodies need."

*"We have the energy to get through busy days."*

## Daryl Scribner

Jasper, MN

**Upline:** Stephen & Nancy Toth

**Topic:** Cancer

**T**he persistence of Daryl Scribner may have saved her life. In August 1998, Daryl had a mammogram. She was informed that there were some areas of concern and an ultra sound would be necessary. The ultra sound revealed cysts but according to her doctor there was “nothing to worry about”. Wanting to be sure, Daryl insisted the doctor draw fluid from the cysts and send it to the lab for testing.

“I had known Steve and Nancy Toth for years,” Daryl says, “so I was aware of how Nancy used the herbs to overcome cancer.” In fact, Daryl had begun taking some of the China Treasures herbs and drinking the Latin Legends teas about a year before her cancer was detected. “I had taken the Energy Pack, Radiant Woman Plus, Super Chi and Balanced Chi for menopausal symptoms.”

After the ultrasound, Daryl added Ancient Protector and Corteza tea to her daily herbal routine. “I started drinking two cups of Corteza each day and took eight of the Ancient Protector capsules for about a week.” When the doctor called to give Daryl the news that she had cancer, she called Nancy. Nancy recommended that Daryl increase her doses of both products to three cups of the Corteza tea and sixteen of the Ancient Protector capsules for the next week. She also added an afternoon Energy Pack packet for two weeks.

Two weeks after the diagnosis, the surgeon went into the area where the cysts had been drained and found the tissue was totally clear of cancer!

Daryl will go back in February for a check-up. For now, she continues drinking two cups of Corteza and taking two to four Ancient Protector a day “as a preventative measure,” says Daryl. She is also eating The Friendly 7 Concentrated Superfood and The Friendly 7 Energy & Endurance Bars which she believes is contributing to her health. Says Daryl, “I take the Energy Pack faithfully each morning and also drink four cups of the Instant Jiao every day.

Daryl believes that consistent use of the Empower Net products can help her remain cancer free as she continues to make strides toward radiant health.

## Ron Shivers

Phoenix, AZ

**Upline:** Stephanie Bekel

**Topic:** Arthritis, Eyesight, Lungs



**W**hen Ron began the Power Pack in late spring of 1996, he noticed his energy level and alertness improved within the month, and he realized that he could read for much longer periods of time without his eyes tiring.

As time went on, another change, he admits, surprised even him. Ron lived daily with arthritic pain in his hips. Mentally, Ron says he had always tried to dismiss his pain. “Medicine bothered my stomach, and I didn’t want to get hooked on medication so I figured I would just live with the pain from the arthritis until I died.” But gradually, within six months, the pain disappeared completely. No longer was it necessary for Ron to carefully lift himself and slowly straighten up as he arose from his chair.

Now that Ron has been using China Treasures herbal formulas for two and a half years, he is astonished once again at the gains he is making toward radiant health. “Approximately 38 years ago I burned my lungs after working all day with an acrylic reducer, lacquer thinner and a primer for enamel,” recalls Ron. “Also the oil-based enamel I was working with had its own fumes.” The following morning Ron found speaking nearly impossible and a trip from his bed to the bathroom took thirty minutes. “The doctors informed me there was nothing they could do and there was no reason I had survived that much damage to my lungs,” Ron remembers. He was told he would never recover.

Ron used homeopathic treatments such as carrot juice and garlic, along with constant rest, to clear his lungs of the puss and fluids they contained. The process took eight long weeks and he was left with scar tissue which restricts his lung capacity.

For thirty-eight years Ron has been unable to participate in sports, walk up a staircase without difficulty, or keep up with his wife when they walked. In recent months that began to change. “I first noticed that I was walking upstairs without having to catch my breath,” says Ron. “Then I realized I wasn’t lagging behind Barb when we walked.” Finally, Ron attempted swimming. “I could swim 25 feet!” exclaims Ron. “I still can’t play ball, but just keeping up with everybody makes me feel like I am part of the group when I go out!”

Ron is realizing what others are discovering; short-term use of the herbs can bring you relief from current health problems, but continual use will return your body to balance.

## Chris Singleton Mesa, AZ

Topic: Athletic Performance



As a professional baseball player with the Chicago White Sox, Chris Singleton knows it is imperative that his body be fit, both internally and externally. His performance is not dependent on muscle strength alone. To Chris, what he puts into his body is as vital as working out. The Friendly 7 Energy & Endurance Bars, along with the Instant Jiao beverage, have become part of his daily routine.

Says Chris, “I like having the alternative of putting good things into my body that taste good rather than putting things that taste good into my body when it hinders my performance. I really like The Friendly 7 Energy & Endurance Bars because I need the extra calories when I’m working out and playing, but I know that they are healthy calories. They taste good and give me energy. With other bars, I’ve always felt I was eating something bad just to get the energy, but The Friendly 7 Bars have nothing bad in them. They are a complete food in a bar.”

“I also enjoy drinking the Instant Jiao,” shares Chris. “I can’t really feel a difference in what it is doing, but I know, because of the herbs it contains, that it is probably helping me in ways I don’t see. I do know that when I’m drinking the Jiao, it’s replacing a soda I might pick up in the locker room.” The convenience of the Instant Jiao packets allows Chris to take them with him, even to restaurants after a game where he mixes it with a glass of water.

“I feel that these products are excellent because they are adding to what I’m already doing to keep my body healthy and in shape,” concludes Chris.

## Delores Steele Sheffield, AL

Upline: Eugene Kohnert  
Topic: Asthma, Energy



Delores Steele shares this story: When I was in the 11th grade, I found out I had a thyroid problem—a toxic goiter. From that point my health went down hill. I got treatments for it, but the doctors didn’t want to do surgery because I was so young. Instead they tried medications.

After I got married my health got worse. My heart began beating so fast that a doctor told me something would have to be done before my heart just quit. They decided to do the surgery, but following the surgery things were never the same. I lost the use of one side of my vocal chords, my voice became weak and I developed breathing problems. My husband and I started looking for ways to improve my health, such as drinking vegetable juice, taking herbs, and seeing a Chinese doctor and acupuncturist.

Then, a friend told me about Empower Net and I tried the Power Pack, but I didn’t use all of the Energy Pack because I felt like I was already taking so much other stuff.

But, after hearing Nancy Toth’s story, I concentrated on taking the Ancient Protector, Energy Pack, Great Regulator, Instant Jiao and Latin Delight. I also drank more water. Gradually, I noticed a difference. In fact, it came on without me really noticing, but after about three weeks I felt alive and like a person again. I also noticed that I was able to read for longer periods of time because I was able to concentrate—something I hadn’t been able to do before.

While visiting relatives in Michigan, we had a big family dinner. I cleaned up the entire kitchen by myself. I would never have had the energy to do that before I started using Empower Net products.



## Cora Talbert

Denver, CO

**Upline:** Barbara J. Davis

**Topic:** Pain, Energy, Pernicious Anemia, Menopause

**C**ora Talbert began taking the herbs because she was looking for energy. "I have a house cleaning business but my energy was not at the level needed for the task." Taking the Energy Pack restored the vitality she had been lacking, but a side benefit also occurred. "I had pulled a muscle in my neck. Cortisone shots and chiropractic treatments helped, but according to my doctor, it was a permanent injury and I would have to live with the pain. A month and a half after starting on the Energy Pack I realized that I was no longer needing the Tylenol I had been using and my neck pain was gone!" exclaims Cora.

The outcome excited Cora so much that she recommended the China Treasures herbs to her sisters Gwen and Bert. Bert had suffered a stroke and had a disease called Pernicious Anemia. She needed blood work done every three weeks, along with a Vitamin B12 shot. After taking only the Yin Jing capsules, she returned to her doctor for more blood work. It was Bert's first normal reading since the illness had developed!

Cora continues to benefit from the Empower Net products. "I take the Energy Pack, Super Chi and Radiant Woman Plus," says Cora. "I had hot flashes so bad that my body would sting. It was painful. I would take three showers a day in the summer time." A week's use of the Radiant Woman Plus relieved Cora of the discomfort. "The hot flashes disappeared," exclaims Cora. "Everyone I've shared this with has gotten rid of them. If your company didn't have anything but the Radiant Woman Plus, it could make a million dollars!"

*"After a week using  
Radiant Woman Plus,  
the hot flashes disappeared."*

## Kathryn Thomas-Cox

Hillsboro, OR

**Upline:** Susan Fessler

**Topic:** Diabetes

**K**athryn Thomas-Cox never considered herself unhealthy until two years ago when doctors discovered she needed open heart surgery to perform a double by-pass. Along with heart disease, it was determined she had developed Type 2 diabetes and she began taking insulin. "I also started experiencing panic attacks," states Kathryn.

A friend, Sue Fessler, decided it was time to introduce Kathryn to Empower Net. Sue had seen remarkable improvements in her own health by using herbal products and felt they could help Kathryn too. "I began taking several of the products," says Kathryn. "It made a difference, but after five months I stopped taking them because of the cost." However, Kathryn soon discovered she didn't feel as well or have as much energy and placed an order for more herbs. "When I take the herbs and medication my sugar registers between 120 and 130 each morning. Today, after slacking off using the herbs for a couple of days and using insulin only, my sugar level was 194."

Kathryn takes one Energy Pack packet each day and two capsules twice a day of The Great Regulator, Will Strengthener, Balanced Jing, Ancient Protector, Shen, Super Chi and Yin Jing. "I also make a half gallon of tea each day by combining ElixirCleanse, Instant Jiao, Latin Delight and a Stevia tea bag," says Kathryn. "The herbs do cost a lot because I take so many products, but my husband and I are both realizing their value and he is going to make sure I keep taking them!"



## Gary Tietsort Montpelier, OH

**Upline:** Velva Tietsort  
**Topic:** Weight Loss, Blood Pressure, Insomnia

Sometimes mothers still know best. That's the conclusion of Gary Tietsort. Gary's mother had been concerned about Gary's health and she knew that she had a solution for him. "I weighed 375 pounds, had high blood pressure and had experienced a mini stroke," says Gary. "My mother began bugging me for two months to try the China Treasures herbs." Gary finally decided to make her happy by ordering them.

Gary is enjoying the results. So far, he has lost 47 pounds and his health is improving. "I didn't even try to lose the weight at first," he says. "I just began taking the Power Pack." After the weight started to fall off however, Gary said it encouraged him to start working at it. "With the China Treasures herbs, I find that I'm more relaxed so I don't eat out of a nervous habit," says Gary. "My cravings are disappearing and I don't eat compulsively."

Gary's doctors have noticed the results also. "My blood pressure is lower now than it has ever been according to my doctor's records!" Gary exclaims. "I am no longer on blood pressure medication." Gary is also off of sleeping pills. "At night I take the Shen Treasure and I'm able to sleep without the medicine." And, notes Gary, "The Pepcid A/C I was using for acid reflux is no longer needed. It's not a problem anymore."

Gary tells us that he mixes two Latin Delight tea bags with Instant Jiao each morning to equal 12 cups. "I drink it hot in the morning and drink the rest iced throughout the day." He also consumes juice and water, but has done away with the sodas he had been drinking. He recently started using The Friendly Oil along with the rest of the Power Pack.

"People at work have noticed a change in me," says Gary. "Some have signed up under me because of the difference they see." Gary goes on, "I didn't take the herbs to start a business, but it's growing that way because it works. I feel better than I did when I was in my 20's. It's worked for me and I want to see what it can do for others."

## Patricia Verhines Santa Cruz, CA

**Upline:** Jessie Crabb  
**Topic:** Carpal Tunnel

An on-the-job injury was the cause of pain for Patricia Verhines. "I was a manager in a janitorial business," says Patricia. "It was my responsibility to train those under me. During the training sessions I over-used my wrist, causing a carpal tunnel injury."

Patricia found that completing the simplest of tasks, including putting on make-up, answering the phone and writing, would produce a tightening in her hands and swelling. At night she would prop her right arm on a pillow to obtain some relief. "Everyday," says Patricia, "I would wake up with my hands hard and swollen. I couldn't close my fingers or shut my hand." Four years later, Patricia was convinced this would be a permanent disability.

A good friend, Jessie Crabb, sent Patricia and her husband some packets of the Energy Pack. Patricia's husband began taking them. "He felt they were wonderful because they gave him energy, balanced his body and kept his mind clear."

Patricia, on the other hand, was hesitant to try them because she has a very weak stomach. She finally, reluctantly, took only one of the eight capsules to see if she would experience any difficulties in digesting it. "The next morning," says Patricia, "my hand felt strange." That afternoon she took three capsules. "When I awoke that next day, my hand wasn't swollen! So I took four capsules and did fine with those."

Trying to assure herself that it was the capsules working so quickly, and not just a coincidence, Patricia didn't take any China Treasures herbs for two days. Her arm became swollen again. There was now no question in her mind that the herbs had given her relief from the carpal tunnel. "After the two days, I took five capsules. The following morning my arm was 80 percent better than what it had been the past four years!" claims Patricia.

Patricia is convinced the nourishment in the China Treasures Energy Pack is balancing her body and that of her husband, and is helping them strive toward radiant health.

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## Adela & Elias Villarreal

### Douglas, AZ

**Upline:** David & Gloria Villarreal

**Topic:** Colitis, Energy, Weight Loss, Allergies, Blood Pressure

**A**dela Villarreal had endured colitis for over 15 years. “I suffered diarrhea almost every morning,” says Adela. Almost a year ago, Adela began eating The Friendly 7 Energy & Endurance Bars and taking the Energy Pack packets. “Within a week I noticed a difference,” she says. “I no longer had stomach pains or diarrhea. I didn’t change my diet or anything else,” says Adela. “I try to eat one Energy Bar each day, or at least every other day.”

“My husband has even seen better results than me using the Empower Net products,” Adela tells us. Elias, Adela’s husband, had not had a normal blood pressure reading for twenty years. But, after taking the Energy Pack packets his blood pressure has returned to normal. Three doctor visits have indicated that it is staying under control.

Elias has also enjoyed a weight loss of 45 pounds by using the Energy Bars, Latin Delight and Jiao beverage. “He faithfully replaces one meal a day with a bar,” says Adela. “He lost around 40 pounds in six months and then lost five more pounds.”

Adela tells us that Elias really enjoys the Latin Delight tea and Jiao beverage. “He combines the two, and drinks them throughout the day, even taking a thermos with him to work.” Adela and Elias believe it is the Latin Delight that helped Elias through the allergy season without one cortisone shot (which he normally requires).

Elias started on the Energy Pack and other Empower Net products after returning from military training. The energy he gained and the weight he lost made him comment, “I wish I had these products during my training!”

“We are very pleased with the Empower Net products,” Adela concludes.

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*“Elias lost 45 pounds by replacing one meal a day with a Friendly 7 Energy & Endurance Bar.”*

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## Kurt Wagner

### Canby, OR

**Upline:** Mary Jane Wagner

**Topic:** Asthma, Allergies

**K**urt Wagner has a history of asthma and sinus congestion, which he blames on molds and spores. “My allergies and asthma started when I was an infant,” says Kurt. “There were times I was hospitalized and had to be under oxygen tents. Finally, my family was forced to move out of the Portland area to a drier climate.” His health problems continued into adulthood.

“I placed my first order with Empower Net the end of January,” Kurt recalls. “I have been on the products since then. I take two Ancient Protector in the morning along with an Energy Pack packet, one Super Chi and two Great Regulator.” Kurt began to see improvements soon after starting on the China Treasures herbs.

“I can tell you I’ve been able to test these products because of the acreage we live on,” says Kurt. “Typically, after being out on the tractor I pay a major price the next day. My immune system is so taxed from what I inhaled the day before that I can be mentally at work, but not physically. I would be shot for a day and a half.”

To test them, Kurt not only went out on his tractor, but he did not wear the protective mask he normally wears while working in the field. “I have been feeling better than I ever have before and I wanted to make sure the herbs weren’t just causing a placebo effect.” The next morning Kurt awoke without any adverse consequences. A week later, Kurt mowed the grass on his smaller tractor and again awoke without the normal outcome he had grown to expect.

Kurt has always been interested in a holistic approach to his health. He is thankful that he is no longer in need of medications and can enjoy a life free of sinus congestion and asthma.

## Carole & Richard Warner

Provo, UT

**Upline:** Kevin & Denise Warner

**Topic:** Blood Pressure, Cholesterol

**I**t was their son, Kevin, who got Carole and Richard Warner started on the products of Empower Net. After two very serious surgeries as a result of diverticulitis, and a month in the hospital on IV's, Carole was very discouraged when she was told she had an elevated cholesterol count and high blood pressure, too. Kevin suggested taking the China Treasures Energy Pack. He said it had helped many people with these same problems. So, after much persuasion on Kevin's part, Carole finally decided to try it. She took the Energy Pack and the Jiao beverage faithfully each morning for a two-month period. At the end of that time, when she went back to the doctor to have the blood work rechecked, her blood pressure was down 20 points and the bad cholesterol was down 27 points! "I am sure it was the herbs because I wasn't doing anything else differently," Carole said.

Richard decided that he would try the products as well. In addition to the Energy Pack and the Jiao beverage, he began to eat The Friendly 7 Energy & Endurance Bars. Kevin had lost 43 pounds using them and Richard had wanted to lose a few pounds as well. Without seriously dieting, he lost 20 pounds!

Now Richard and Carole take the Energy Pack capsules, eat the Energy Bars, and drink the Jiao beverage every morning. They love the bars because they can eat them and not feel hungry for five or six hours, and they find that they have more energy than they have had in years. "We have tried other products, but none of them ever worked like Empower Net. They are an important part of our daily diet," said Carole.

## Tammy Wayment

Ogden, UT

**Upline:** Duane & Sheri Lovell

**Topic:** Weight Loss

**A**fter having her sixth child, Tammy resolved to lose weight. "I started exercising and watching what I ate," says Tammy, "but the weight wasn't coming off very fast." Tammy then tried the Trim Pack program from Empower Net. "I was very faithful and ate three to four bars a day, drank a gallon of water and took the Energy Pack packet regularly," says Tammy. (Tammy also added the Radiant Woman during this time.) "I started to see results."

"It has been about five months now and I have lost thirty pounds and two dress sizes!" exclaims Tammy. "I look and feel great. The products really work!"



*"I lost 30 pounds and  
2 dress sizes. The products  
really work!"*



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